

Albury High School

Proud Member of Crossing Point Learning Community
'Creating our Future'



Learning for all through Tradition, Innovation & Excellence

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Term 3 Week 8 2020

Issue 12

10 September 2020



The Australian Youth Aerospace Association (AYAA) is excited to announce that we will be making **20 Scholarships available!** These scholarships, proudly supported by Raytheon Australia, will be rewarded to deserving students around Australia. We hope these scholarships, of **\$1000 AUD each**, will reward student's interest and engagement in the aerospace industry.

We encourage all students who are interested in the aerospace industry to apply for the Australian Youth Aerospace Leader scholarship, all students currently studying at an **Australian high school from years 10 to 12** are eligible to apply.

Scholarship applications will open on the **17th of August and close on the 14th of September 2020**. Keep an eye out on AYAA and Raytheon Australia social media platforms in the upcoming days for more information!

To find out more visit <https://ayaa.com.au/scholarships>. If you have any further questions, do not hesitate to contact scholarships@ayaa.com.au.

P&C MESSAGE

The next P&C meeting will be held on Tuesday 15 September at 7:15pm via Zoom.

Ms Brooke Costello
AHS P&C President

LAST CHANCE TO ENTER ICAS ASSESSMENTS

The rescheduled ICAS assessments will now be held in the first two weeks of Term 4 between the dates of Monday 12 October and Friday 23 October. Entries are still open to Year 7 to 10 students to participate in the 2020 ICAS Assessments in Science, Digital Technology, English, Mathematics and Spelling Bee (Year 7 only). These assessments designed to allow students to demonstrate a deeper, integrated and through level of understanding of the relevant curricula for their year level through questions that will encourage them to apply their learning to new contexts, use higher order thinking and problem solving skills. They provide an objective ranking of performance, encourage students to attain greater academic success and think beyond the classroom, and recognise student success with certificates and medals. Any students who would like to participate in the ICAS Assessments for the new dates and who has not yet registered, please see the Maths staff for a note and return your entry to the school office by Wednesday 16 September 2020.

Mrs Kristina Schaeffer
Teacher Mathematics

EMAIL COMMUNICATIONS

It is vital that the school has a **current email address for all families**. Government guidelines are constantly changing. Families will be advised by email as these changes occur.

Please ensure you are checking your emails daily to stay up to date. If you change your email address please inform the school as a priority.

PARKING AND DRIVER BEHAVIOUR

Road safety is a constant issue within school zones. With drop off and pick up times being especially challenging. It can be frustrating for parents during these times. Remember that the safety of our students is the priority.

The school has received requests from local residents in neighbouring streets, to ask parents not to park in their driveways or on their lawns.

PRINCIPAL'S MESSAGE

This year is the 100th anniversary for AHS. This is a significant milestone for the school and community.

Over the last 2 years we have had a hard working committee of past students, current parents and past teachers working towards our celebrations. You will notice the banner in Dean street which the Albury City Council kindly erected, an initiative of our 100th Celebration Committee. Many other events were planned for this year and our prefects and student body were to be involved. A proposal by the prefects evolved into the lights which now illuminate the palms at the front of the school at night to celebrate our 100th year.

Another project that has survived the impact of COVID-19 restrictions is the release of the book 'A History of Albury High School 1920 - 2020'. that was written by Mr Keith Crossley, past Principal 1982 - 1997 with technical support from Carolyn Hall, AHS administrator. It is a testament to the success of our students, the work of staff and community in creating a vibrant school focussed on students and their outcomes. It is available for purchase on line for \$44 at Trybooking.com. <https://www.trybooking.com/book/event>

Our Facebook page has regular stories from the past in celebration of our 100 year milestone.

Unfortunately most of the events planned have been postponed due to COVID-19 restrictions. We are moving our bookings to October 2021 to celebrate 100+1 years of quality public education at AHS. More details will be available next year.

YEAR 12

The Yr12 exams are approaching and again COVID-19 has had an impact. The exams are now scheduled to start a week later in October. Practical subjects such as Drama and Languages have already had formal examinations. I wish all students the best as they prepare, study and complete major works or practical exams. Any one that needs support should see Mr Toohey, Mrs Ratcliffe, Mrs Armstrong or myself.

Again, Covid-19 restrictions have disrupted our plans. We can not run our normal celebrations and acknowledgement of Yr12 efforts. We are eagerly awaiting information tomorrow, which should outline what we can do. The challenge will then be finding venues that can accommodate our large Yr12 group (over 110) whilst complying with their industries COVID-19 restrictions on seating, numbers and area. Mr Toohey is working hard to find a suitable outcome so we can acknowledge our Yr12 students and the efforts of their families in supporting them.

Mr Darryl Ward
Principal

FIELD WORK FOR YR 8

Yr8 Humanities students participated in fieldwork as part of the Billson Park Redesign project.



HEADSPACE ALBURY WODONGA

Headspace Albury Wodonga have developed some great digital resources for our school community.

Move yourself the way you like or learn a new style that can help you to slow down, take a breather or increase your mood, with our latest video resource made for you, running for 5-6 minutes each.

Find these clips on our website and follow along with our amazing instructor Robbie by clicking the link of your preferred options of; mindfulness, dance, juggling, balance and yoga, on our website. <https://headspace.org.au/headspace-centres/albury-wodonga/create-our-movement>

1. Mindfulness is about focusing on the present - It can be a great way to help you feel better and reduce feelings of stress and anxiety. Follow Robbie as he leads us through an easy relaxing wind-down with mindfulness.
2. You can dance if you want to! - Dance is a great way to boost your mood and keep active - Learning a new dance sequence is a great way of being mindful, follow Robbie through his dance choreography.
3. Can you juggle? - Juggling is great way to be mindful and present. Follow Robbie as he teaches us to juggle with some old socks!
4. Get the Balance - Try some balancing activities with everyday objects and your body with Robbie. This might feel challenging to start, but after a few try's you will get the feel and the balance.
5. Be a yogi - Yoga movement can help pour body and brain relax and calm down. Enjoy a few moments of yoga relaxation and self-care led by Robbie.

All of our resources have been or are being posted on our Facebook page <https://www.facebook.com/headspacealburywodonga> Please feel free to contact us if you have any questions on 02 6055 9555





Tell Them From Me

AHS values the relationship it has with our school community, and whenever we get the chance, we try to strengthen this relationship.

The *Tell Them From Me* survey helps AHS understand our community and how they feel about us, we take this data and use it to plan for the future. We would appreciate if you could take the time to assist us by taking the short survey.

Please copy and paste this link to complete the survey

<http://nsw.tellthemfromme.com/qx4x4>

Mrs Nicole Hayward
Business Manager

WHO ARE OUR TEACHERS?

10 QUESTIONS WITH KERRI FLANIGAN

This week's 'Ten Questions' was conducted with AHS music teacher Kelly McGuinness. Kelly is a passionate teacher of music and plays a variety of instruments herself. She plays the French Horn, Trumpet and says she 'delves' into the realms of piano, guitar, some woodwind and brass. I have been away on school camp with Kelly, and she is an energetic and motivated person to be around. Kelly is usually my 'go-to' person for questions about latest technology tips for phones and online learning resources, so it was nice to share a coffee with her this morning and just chat.



Ms KELLY MCGUINNESS, MUSIC TEACHER

KF Question 1: Where did you grow up and what was good and bad about that?

KM In the Sutherland shire, Sydney. The positive was being surrounded by bush (not anymore though) it's all been built out, we were close to the river and the bushland was the buffer. Now that bushland consists of housing. It's a bit sad really. We experienced two bushfire evacuations. One when I was about ten there was definitely a sense of urgency. I still love the bush though.

KF Question 2: What do you love about Albury?

KM Being able to travel short distances and be at the snow, and not be in the urban environment in no time at all.

KF Question 3: What was your Plan B if you weren't a teacher?

KM A musician. The ultimate goal was to be a musician in an orchestra for films/ film music.

KF Question 4: Did you have an inspiring music teacher?

KM My dad was my Trumpet teacher.

KF Question 5: What breed of dog would you be, given your personality?

KM I'm not really a dog person, so I'll go with cats. My cat's personality and my personality are very similar...she is very ... how to say it without being narcissistic...? She will take it or leave it, if people are around that is. I like big groups of people, but can't do it all the time.

KF Question 6: What sport do you play?

KM Soccer, I started in university, playing with a group of friends. I'm now playing with Hotspurs and we were runners-up last year.

KF Question 7: What 3 teachers would you choose to go away on Professional Learning with?

KM Sharon McEachern because she is a great talker (off topic); Michelle Armstrong (always entertaining) and Claire Chapman, because we can car pool.

KF Question 8: If you could ask Cadbury to make you a Chocolate bar what would it have in it?

KM Caramel, some sort of nut combo, and salted, dark chocolate.

KF Question 9: If you had the perfect meal what would it be?

KM A really good Malaysian Laksa and my Mum's sherry log. One Christmas my cousins and I were all on P-plates and no-one could eat it!

KF Question 10: What are your most memorable or funny teaching moments?

KM Memorable Teaching Moment was my first ever day of casual teaching - a full-on fight broke out whilst teaching Year 8. I thought 'What do I do... they don't teach you that in uni...'

Funny moment (and it happens whenever we look at violins) - when I teach students that the sound hole on a violin is called an F hole...I don't know why they laugh!



SCHOOL HOLIDAY PROGRAMS ARE BACK!

YOGATHON!

Join Aisha Flow Yoga and get the positive vibes following with Yoga in the Square!

Tuesday 29 Sept
11.15 - 12.00pm

Age: 13 to 18 years

Bring a yoga mat/towel

ART IN THE SQUARE WITH ART STARTS HERE

Kylie will be leading us while we create artwork based around 'Friendship'.

Tuesday 6 Oct

2.00 - 4.00pm

Ages: 13 to 18 years

All supplies provided

LUNCH AND A MOVIE

Start with lunch at Retro followed by a movie at Regent Cinema Albury. Keep up to day with Retro socials for movie title.

Thursday 1 Oct
11.00 - 3.30pm

Age: 13 to 18 years

\$10 per person

For bookings, check out our socials @thisistheretro or contact Bianca on 0436 816 551

Spaces are strictly limited so get in quick!

RETRO
YOUTH PROGRAMS

ABOVE AND BEYOND

Congratulations to the following students who have been observed going above and beyond:

YR 7

Matilda Ball and Eve brown

YR 8

JACKSON STEIN

YR 9

Luke Richardson

Calendar of Events:

Week 9

Monday September 14 Homework Centre
3:30pm - 5:00pm

Tuesday September 15 P&C Meeting
7:45pm via Zoom

Week 10

Monday September 21 Homework Centre
3:30pm - 5:00pm

Friday September 25 Last day of Term 3

THURGOONA PUBLIC SCHOOL CANTEEN

POSITION VACANT

Canteen supervisor
Wednesday, Thursday & Friday
8.45am-2.15pm

Please email
thurgoonapublicschoolpandc@gmail.com
with your application and resume by
Friday 11th of September 2020