

# Albury High School

Proud Member of Crossing Point Learning Community  
'Creating our Future'



Learning for all through  
Tradition, Innovation & Excellence

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Term 4 Week 4 2015  
Issue 17

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## VISITING GERMAN STUDENTS

The visiting group of 18 students and their two teachers from Springe, in Germany, are enjoying the hospitality of Albury High School and in particular that of their host families.

This is a reciprocal return visit of the group from Otto-Hahn Gymnasium. The exchange is now in its 14<sup>th</sup> year and follows a very successful trip from our students to Germany during the 2014/2015 Christmas break. The next leg of the exchange is a planned return trip to Springe from our students in Albury during the 2016/2017 Christmas vacation.

The visit got off to a very successful start with a Welcome Barbecue held at Albury High School on Monday night. With over 100 people in attendance, host families and the teachers and students from Springe shared food, stories and some impromptu games to strengthen the ties that are quickly developing between them.

The following morning the two groups enjoyed a reception with the Albury mayor and a sumptuous taste of the town's scones and cream. From all reports this was a very popular 'taste of Australian cuisine'.

Further excursions over the next week will take the students to Beechworth, Bonegilla, Lake Hume, the Military Museum and Glenrowan. Together all students will have the opportunity to fully embrace the Australian experience. For both groups it is an invaluable opportunity to immerse themselves in a genuine language and cultural exchange.

Many thanks are extended to the Albury High School community, in particular the host families involved for opening their hearts and homes to our German guests. This is a very special exchange that gives extensive rewards to the whole school.



**Mr David Hobson**  
Head Teacher  
Languages

## BYO DEVICES

Some parents have contacted me about what laptop to buy their child. Whilst I cannot recommend any particular computer, the following sites may assist parents to find a laptop that suits their child's requirements:

<http://www3.lenovo.com/au/en/students/byod/>

<http://byod.acer.com.au/acer/byod/>

[http://www8.hp.com/us/en/solutions/education/  
featuredproducts.html](http://www8.hp.com/us/en/solutions/education/featuredproducts.html)

Year 8 will be receiving the documentation during guidance later this term re BYOD next year.

**Mrs Michelle Armstrong**  
Computing

## MIND MATTERS

For the third year running, Albury High School is hosting a Social Work student from La Trobe University to undertake a research program.

This year, Lisa Brister from La Trobe University is researching the effectiveness of Mind Matters module 4.5: 'Understanding Friends and Peers' with year 10 students.

Mind Matters is a national program that has been especially developed for secondary schools by Beyond blue. Module 4.5 is aimed at helping to improve student's confidence and capacity to manage life's ups and downs. In particular, recognising mental health warning signs and knowing where help can be accessed within the school and through community support services.

Lisa has worked with a group of students from the Wellbeing Group to prepare for the Mind Matters workshop and they will also provide peer support to the year 10 students during the workshops.

The Mind Matters workshop will take place on Tuesday afternoons from week 4 to 7 in the library.

**Mr Damian Toohey**  
Deputy Principal Junior School

## PRINCIPAL'S MESSAGE

Welcome to the students and staff from Springe Germany, who are visiting Australia as part of our exchange program. I would like to thank staff, parents and students for looking after our guests.

Thank you to the parents who completed the 'Tell Them From Me' survey. The results are being analysed and will form part of our evaluation of the school management plan.

While acknowledging the support we receive from the community and our families, I would like to thank those who attended our open evening AD ASTRA last week. This was a very successful show case displaying quality work and performances.

The cast and crew who performed in 'The Importance of Being Ernest' deserve a mention for their outstanding production.

The 'Relay for Life' team, which was organised by students, was well supported by all. Their efforts raised over \$1000 for a very worthy cause. It's great to see the strength of our community on display.

**Mr Darryl Ward**  
Principal

## TERM 4 ASSESSMENT AND REPORTING

Year 11 will be issued with their Preliminary HSC reports this Friday, unless there are unforeseen printing issues. The conclusion of this part of their HSC study program sees students take up the various extension courses available and many have chosen to further vary their program by changing Maths and English courses and move from 12 units of study to 10.

It is important that students develop a study pattern now, so that it becomes routine once timelines and deadlines are imposed on their daily workload. The common practice amongst year 12 students is to devote no less than 3 hours per school day and more when the occasion demands. Obviously in busy lives that involve sporting and work commitments the timing of study is critical. The school provides course planners at the back of the Assessment booklets and term planners from my office. Students are encouraged to use these.

Year 10 will have a formal examination week commencing on Monday 9<sup>th</sup> November where the venue used for the HSC examinations can be utilised. From mid November years 7-9 will be completing their Semester 2 exams and assessments, all in preparation for Semester 2 Reports which will be distributed at year's end.

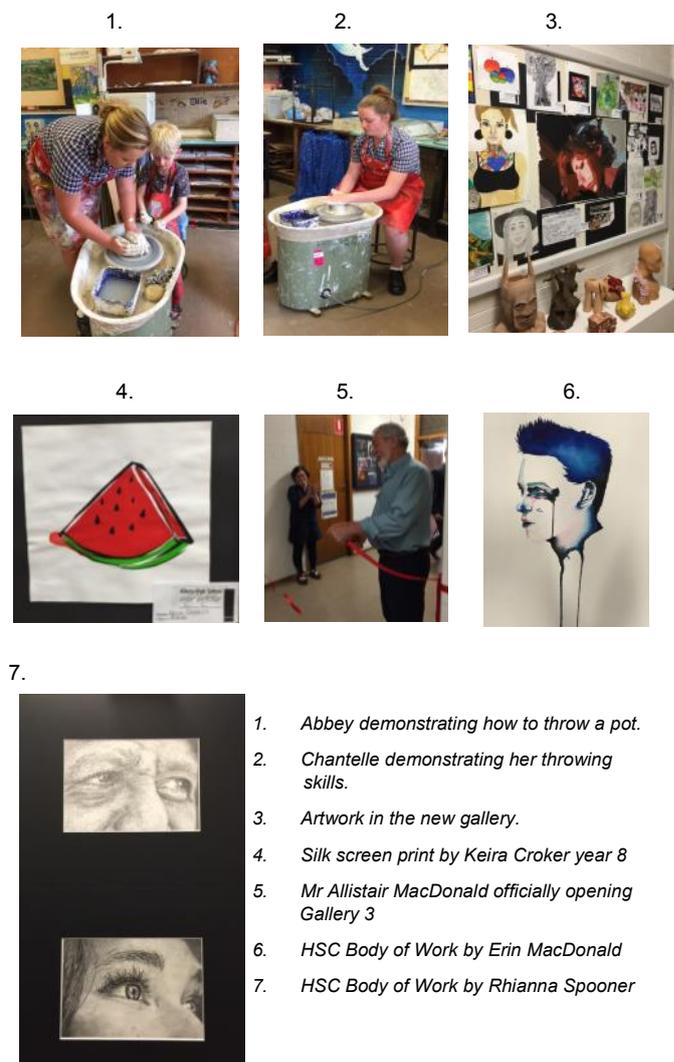
Study Tips:

1. To assist with time management, consider starting study sessions with finite tasks. i.e. Those tasks that have steps and cannot be reworked over and over again e.g. Calculation based questions.
2. Remove any distractions (such as radio or TV) when committing knowledge to memory. Any stimulus that consumes 'brain space' will decrease how much information can be absorbed in the brain, meaning that it will take you longer to learn a set amount of material!

**Mr Andrew King**  
Deputy Principal Senior School

## CAPA NEWS

### VISUAL ARTS AT THE AD ASTRA EVENING



1. Abbey demonstrating how to throw a pot.
2. Chantelle demonstrating her throwing skills.
3. Artwork in the new gallery.
4. Silk screen print by Keira Croker year 8
5. Mr Allistair MacDonald officially opening Gallery 3
6. HSC Body of Work by Erin MacDonald
7. HSC Body of Work by Rhianna Spooner

**Mrs Sharon McEachern**  
Visual Arts Teacher

## STUDENT ACHIEVEMENTS

### RIVER OF STORIES

This year our students entered the writing sections for prose and poetry in great numbers. The competition was a wonderful opportunity for students to demonstrate their skills and creative flair, and to add to their growth in English as a whole. Congratulations to all students who entered! The following receive our particular congratulations;

#### Years 7 and 8

*Poetry: Nivetha Pathmanathan and Rachel Gordon: over-all winners for all schools*

*Prose: Jessica Hamilton: winner for AHS  
Matthew Brownhill: encouragement award*

#### Years 9 and 10

*Poetry: Ephraim Zilberman, Oscar Little and Shania Jones: winners for AHS*

*Prose: Corbin Reid: winner for AHS  
Imana Dominguez: encouragement award*

The River of Stories completes the local writing competitions for 2016 which saw our students achieve success in the Write Around the Murray Nano Stories, The Postcard competition and both prose and poetry for The River of Stories. These opportunities are an integral part of our Ad Astra literacy strategy.

**Mr Denis Haynes**  
Head Teacher English

### YEAR 9 VOLUNTEERING UPDATE

88.5% participation; 3228 total validated hours; 96 certificates issued: 61 Bronze, 24 Silver, 7 Gold and 4 Diamond. Please help your child to get those out-of-school hours logged so those who are so close to Bronze can receive their certificates before the end of term.

**Ms Katia Bertazzo**  
Science Teacher and Volunteer Coordinator

### FARM SALES

Fresh seasonal fruit and vegetables along with free range eggs (subject to availability) are for sale from our school farm.

Cash sales can be made between the hours of 8.30am and 12noon at the farm gate near the oval.



**Mrs Tracey Lee**  
Agriculture

## YEAR 11 AWARDS AT ASSESSMENT

The following students received Awards for effort and/or excellence in class:

AUGUSTYN, Tia	English Studies & Hospitality Specialisation
BARKER, Christine	Food Technology
BERKEL, Ebony	Hospitality Studies
CHU, Melanie	Japanese
COSSOR, Katie	Visual Arts
DOUGHERTY, Beth	French Continuers
DUCK, Harry	Mathematics
EDGAR, Sophie	Advanced English
EDWARDS, Holly	Japanese
ELLIS, Courtney	Chemistry
HODGSON, Ellie	PDHPE
JOHNSON, Bridget	English & Drama
JOHNSTONE, Declan	English
JONES, Annabelle	Geography
JORGENSEN, Katja	Music & Earth & Environmental Science
KAPOOR, Dhruv	Advanced English & Economics
KUMAR, Ritesh	Mathematics
MAGINNITY, Georgia	Ancient History
MASON, Courtney	Business Studies & PDHPE
McCULLOCH, Claudia	Mathematics & Economics
McGRATH, Connor	Mathematics
McINNES, Gabi	Work Studies
McINTOSH, Emily	Business Studies
MITCHELL, Grace	Legal Studies
MOSCOL, David	French Beginners
O'NEILL, Liam	Ancient History, Chemistry & PDHPE
PERRY, Will	German Continuers
POUDEL, Sita	English, Senior Science & Hospitality Kitchen Operations
PUMPA, Jessica	Agriculture
REID, Milla	English, Mathematics & Society & Culture
REID, Quinn	Mathematics
RENNIE, Layne	Modern History, PDHPE & Community Family Studies
ROLLAND, Salome	German Beginners
SENSOMBOUM, Amy	Society & Culture
SETH, Georgia	Mathematics
SHAW, Flynn	Extension English
SIEVER, Miriam	Biology
SIMPKIN, Lachlan	English
SISOUK, Karina	English, Mathematics & Legal Studies
SMITS, Katy	Textiles & Design
STEFANOU, Madelene	Ancient History & Biology
UPSHALL, Angus	English & Software Design & Development
WILLIAMS, Rebecca	English

### TERM 4

#### WEEK 5

Wednesday 4<sup>th</sup> November

#### COMING EVENTS

Year 7 2016 Family Night  
7:30pm in the Hall

#### WEEK 6

Monday 9<sup>th</sup> November

Tuesday 10<sup>th</sup> November

Wednesday 11<sup>th</sup> November

#### COMING EVENTS

Year 10 Exams commence  
Year 12 Graduation 11:30 in the Hall

Year 12 Graduation Ball

## SPORTING NEWS

### PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

#### PHYSICAL ACTIVITY & SPORTS STUDIES

#### PRACTICAL LESSONS AND VALUABLES

During Physical Education lessons it is not practical or appropriate for students to carry valuables with them. We can have up to 150 students involved in Physical Education and/or Physical Activity and Sports Studies lessons at any one time. Although due care is taken to lock change rooms during lessons, this is NOT a completely safe method of storing valuables. For example, some classes might return two or three minutes earlier than others to get changed.

We encourage students to hand in valuables to their PE teacher for storage in our storeroom safe. We supervise the collection of these valuables at the end of the lesson. Although we would prefer that students do not bring valuables to school at all, we understand that this is sometimes necessary.

So that we can promptly and accurately return students valuables, particularly mobile phones and iPods, we ask that students place them in a labelled zip lock bag. Valuables that are not in a labelled zip lock bag will not be accepted by staff or placed into the storeroom safe (wallets with card identification will be the exception).

During Sport afternoon, students will either keep their valuables nearby and in sight or their teacher will lock their bags in a classroom for the afternoon. This will be at the discretion of the teacher in charge of that activity.

The Department of Education does not insure student or teacher valuables at school and therefore students bring them to school at their own risk.

**Mr Greg King**  
Head Teacher, PDHPE

## P&C NEWS

### CAN YOU HELP?

The canteen needs more volunteers.  
As a canteen volunteer I can assure you the task is NOT arduous nor time consuming.

#### Commitment:

As little as 40mins once a fortnight or month.  
The days & hours  
Mon, Wed, Thurs, Fri - 12:00 to 12:30 pm  
Tues - 12:40 to 1:00pm

#### Tasks:

Some prep work e.g. toasting wraps.  
Serving on counter – giving food & drinks to students. **NO money handling.**  
Washing Dishes – **Only if you want to.**

If you CAN HELP, please contact Betty or Sharon in the canteen on 6021 1730.

### PAYMENT OF 2016 SCHOOL FEES

AHS P&C Association will be available to collect advance payment of 2016 School Fees or Book Pack payments from Monday 30 November 2015. Members of the P&C will be available in the Interview Room (opposite the Front Office) daily between the hours of 2.00pm and 3.30pm.

The School Fees for 2016 are;

#### Years 7 & 8

MUSIC	\$15.00	
VISUAL ARTS	\$30.00	
MANDATORY TECHNOLOGY	\$50.00	
SCHOOL CONTRIBUTION	\$55.00	Includes School Magazine

#### Years 9 & 10

SCHOOL CONTRIBUTION	\$55.00	Includes School Magazine
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#### Years 11 & 12

SCHOOL CONTRIBUTION	\$65.00	Includes School Magazine
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YEARS 9 – 12 ELECTIVE SUBJECT FEES ARE INVOICED IN TERM 1

## COMMUNITY NEWS



## Introductory Diving Lessons

### Wed, Fri & Sun 4.30-6pm

Come and enjoy the opportunity to try springboard diving!  
\$10 per session (PRIMARY & SECONDARY SCHOOL STUDENTS)

*Diving Australia consent form must be signed by guardian prior to session.*  
*For further inquiries contact President 0427 686 506*

LAVINGTON SWIM CENTRE DIVING POOL